

LAMARA STRIJDHAFDIG

15th of august 1995 Hoorn

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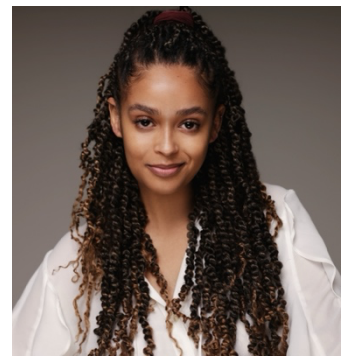
Instagram: @lamarastrijdhartig

167 cm/55 kg

Brown hair

Brown eyes

Dutch/Surinamese



EDUCATION

2019 - 2021

Camera - Acting School

film actors academy amsterdam (faaam)

2019 - 2019

Training Camera - Acting

film actors academy amsterdam (faaam)

2018 - 2019

Training Camera - Acting

Amsterdam Film School

WORKSHOP

2022

Theatre and Television

Josja Hamann

2021

Method Acting: Strassberg

André Landzaat

2019

Method Acting: Chubbuck

Margien van Doesen

2019

Stage fighting

Simon van Lammeren

FILM

2024

Maan & Marvin | *director: Ron Termaat*

Thijs de Neeve

2024

Het Licht Aan Mij | *director: Abid Chand*

Reindert Gerding

2023

Beet | *director: Koen Janssens*

Sam van Lieshout

2023

Expeditie Cupido | *director: Erwin van den Eshof*

2C Film Production

2023

Delivery Love | *director: Davide Simonetti*

Oculus Film

2022

Extractie | *director: Bo Spindelaar*

VideoBird

2022

Queen's Day | *director: Abid Chand*

Reindert Gerding

2022

The Pod Generation | *director: Sophie Barthes*

Scope Pictures

2022

Bon Bini Holland 3 | *director: Pieter van Rijn*

Kaapholland Film

2021

Schuld | *director: Raphaël ter Maat*

KLCK

TELEVISION

2024

Ik val niet, ik dans

Big Blue Productions

2020

SpangaS De Campus S14

NL FILM | KRO-NCRV

THEATRE

2024

BOSSEN

SenF Productions

2023

Ranger's Apprentice

Laurent Arrabito

2015 - 2017

Don't Hit Mama - Tour

Honey Eavis & Nita Liem

AWARDS

2023

Beet | *Nomination*

Best Actress

2022

Bon Bini Holland 3 | *Golden Calf Award*

Audience Award

2022

Queen's Day | *Award*

Best Actress

2022

Queen's Day | *Nominatie*

Best Acting Ensemble

2022

Getekend | *Nomination*

Best Actress

2021

Schuld | *Nomination*

Best Acting Ensemble

LANGUAGES

Dutch | English | Flemish | Jordanian

ACCENTEN

General American | British RP

SPECIALS

Voice over | Stage fighting | Singing | Piano | Dancing | Hosting